Magee's Disease

- “There appears to be a form of chronic mountain sickness that comes from years of repeated frequent malacclimitization to very high altitudes by the sea level adapted human living at sea level. It eventually shows up as sleep apnea, bruxism, erratic low blood oxygenation, fatigue, forgetfulness, confusion, gastrointestinal issues, nutritional deficiencies, hormone problems, radiation sickness and failure to acclimatize to any altitude. Left untreated it progresses onto include nerve pains throughout the body, food intolerance, heart arrhythmia’s, headaches, irritability, depression, disease and premature death. I call it ‘Magee's Disease’.” Steven Magee CEng MIET - Q

- “Magee’s Disease was discovered by Chartered Electrical Engineer Steven Magee as he used his biomedical training to work through an array of strange health conditions that showed up during and after his time in very high altitude astronomy atop the biologically toxic summit of Mauna Kea, Hawaii, USA.” Steven Magee CEng MIET - Q

- “Magee’s Disease is a chronic lifelong condition that may lead to permanent disability. It presents as permanent altitude sickness, regardless of the altitude that the person is at. There is no known cure, only treatment options. Avoidance of very high altitudes by the sea level adapted human may prevent the development of the condition in healthy people.” Steven Magee CEng MIET - Q

- Symptoms of Magee’s disease:
  - Fatigue.
  - Malaise.
  - Sleepiness.
  - Insomnia.
  - Headaches.
  - Forgetfulness (Amnesiac Disorders).
  - Confusion.
  - Irritability.
  - Aggressiveness.
  - Lower blood oxygen levels than the healthy local population.
  - Erratic day and night blood oxygen levels.
  - Poisoning may be causing urinary tract infection (UTI) like symptoms from urinating the poison out as the kidneys filter it from the blood.
  - May be getting poor performance warnings at work (If working).
  - May have had numerous jobs in quick succession after having a stable career.
  - May have been harassed out of jobs.
  - May have had contracts not renewed.
  - May have been subjected to conflict in the workplace.
  - May be exhausted.
  - May be randomly falling asleep during the daytime.
  - May be falling asleep while driving.
  - May have sleep disorders.
  - May have dizziness.
May have eye problems, such as halos and starbursts in their night time vision.
May have had past visions or hallucinations.
May feel like there is a presence in the room with them.
May have gastrointestinal problems.
May have loose stools.
May have depression.
May have aches and pains throughout the body.
May feel like their skin is itchy, hot or sunburned.
May be taking daily baths to calm down their hot and painful skin sensations.
May have skin crawling sensations or random nerve tingling.
May be experiencing random muscle twitches.
May have sensitive teeth.
May be coughing up phlem.
May have triggering of the human mating cycle from abnormal environmental exposures.
May be developing gender issues (Gender Dysphoria).

**Diagnosis of Magee’s Disease:**
- 24 hours of blood oxygen readings taken at different altitudes: 0’, 2,000’, 4,000’, 6,000’, 8,000’, 10,000’.
- Sleep studies performed at different altitudes: 0’, 2,000’, 4,000’, 6,000’, 8,000’, 10,000’.
- Do not perform any high altitude tests above 10,000 feet on sea level adapted humans due to the long term damage it may cause.
- Multiple Sleep Latency Test (MSLT).
- Holter monitor for seven days.
- Mental State Examination.
- Mini-Mental State Examination (MMSE).
- Complete blood tests including all electrolytes, vitamins, metals and minerals.
- Test for thickened blood.
- Test for correct Melatonin levels during sleep.
- Test for correct Dehydroepiandrosterone (DHEA) levels.
- Test all sex hormones.
- Test for Addison's disease, also called adrenal insufficiency.
- Test for heavy metals.
- Test for mercury poisoning.
- Endoscopy.
- Colonoscopy.
- Test for Multiple Chemical Sensitivity (MCS).
- Test for sensitization to a variety of abnormal air environments:
  - Test for sensitization to low pressure environments.
  - Test for sensitization to carbon dioxide gas.
  - Test for sensitization to nitrogen gas.
  - Test for sensitization to helium gas.
  - Test for sensitization to oxygen gas.
  - Test for sensitization to all solvents exposed to.

**Treatment of Magee’s Disease:**
Radiation detoxification: Hibernation for six months avoiding sunlight.

Treatment of brain damage: Large dose of X-ray radiation to the brain if needed from a CT scanner. Brain supplements if needed (CoQ10, Selenium, Ginko Biloba, Vincepotine, amino acids, and so on).

Treatment of sleep disorders: Annual sleep studies with Continuous Positive Airway Pressure (CPAP) and melatonin if needed. Advise to sleep with the window slightly open (install window locks for security) and a sound machine for ambient noise. Daytime stimulants if falling asleep during daytime.

Treatment of Bruxism: Oral appliance and chin strap worn during the night.

Treatment of skin damage: May need to take vitamins C, D and E. Full inspection of the skin for growths. May have hormonal skin tags that need to be removed. May have fungal infections from a depressed immune system that need treatment with anti-fungals.

Treatment of lung damage: High resolution imaging of lungs. Inhalers and/or oxygen if needed. Administration of Pneumococcal Polysaccharide Vaccine (PPSV23).

Treatment of heart damage: Echo-cardiogram of heart with bubble study looking for holes. Seven day Holter test looking for heart rhythm issues. Prescription heart medication if needed. May need to take a vasodilator, such as nitro-glycerin.

Treatment of gastrointestinal damage: Restricted diet free of gluten, fructose, lactose and corn. Endoscopy and colonoscopy and removal of gastrointestinal growths if needed. May need to take digestive enzymes with each meal. May have Bruxism that is introducing air into the gastrointestinal tract causing intestinal pains, loose stools and excessive gas. Test for food sensitivities.

Treatment of hormone dysfunction: Hormone supplementation as needed. May need to be placed onto DHEA, testosterone or estrogen support. Keep testosterone, estrogen and DHEA in the middle of the test range.

Treatment of malnutrition and cholesterol problems: Restoration of depleted minerals, metals, electrolytes and vitamins using appropriate supplements. Plant protein and amino acids based anti-radiation diet. Keep vitamins B12 and D in the middle of the range.

Treatment of blood disorders: Possible anemia from low oxygen and radiation exposures and systemic organ damage may be present. May need to treat for Pernicious Anemia due to industrial gas & solvent exposures in a low pressure and low oxygen environment. May need to place on blood thinners if blood is thickened. May have undetectable blood clots (micro-clots) throughout body and need to do a blood clot flush using blood thinners for several months.

Treatment of air pressure damage: May have Cassion’s Disease, Monge’s Disease and/or Barotrauma damage from frequently changing from high to low pressure environments and vice-versa.

Treatment of toxicity: Chelation therapy based on known toxins exposed to. Patient may have a variation of Aerotoxic Syndrome. Mercury, lead and vaporized gold, silver and aluminum are common exposures to metals. Ask for a complete list of chemicals that the worker has been exposed to and see if their symptoms match well with chemical poisoning.

Treatment of organ damage: May need to do liver and kidney cleanses.

Treatment of gas sensitivities: Workers are commonly exposed to carbon dioxide, helium, nitrogen and oxygen gasses and a variety of solvents. Ask for a list of all gas and solvent exposures and see if their symptoms match well with the known adverse effects. Advise
patient to spend as much time outside as they can and when indoors to be in a well ventilated low carbon dioxide environment. They should sleep in their bedroom with the window slightly open (install window locks for security) and have a carbon dioxide meter to monitor their air quality. Indoor carbon dioxide levels to be maintained below 1,000 ppm. Patient should have a carbon dioxide meter in their workplace, if working.

- Treatment of ultraviolet (UV) damage: May need to take DHEA (Dehydroepiandrosterone).
- Treatment of anxiety & depression: May need to take Creatine and 5-HTP.
- Treatment of chronic fatigue: May have to take a large dose of caffeine in the morning and exercise in the afternoon. May need to take D-Ribose.
- Advise worker to live at sea level.
- Diagnose permanent and disabling chronic occupational altitude sickness.
- Advise the worker to apply for early pension disbursements for ill health.
- Advise the worker to apply for disability payments.
- Advise the worker to apply for workers compensation for occupational disease.

- “When diagnosing sickened high altitude workers, you must remember that altitude diseases are just part of the equation and the various toxic occupational exposures must be factored in.”
  Steven Magee CEng MIET - Q
- “Steven Magee’s body behaves as if it is permanently above 10,000 feet and causes chronic daily altitude sickness, even though he lives in Tucson, Arizona, USA.”
  Steven Magee CEng MIET - Q
- “Part of Magee’s disease comes from the long term damage that oxygen starvation, industrial gas and unnatural radiation exposures cause to the brain, heart, lungs, skin, organs, blood, hormones, gastrointestinal tract and immune system.”
  Steven Magee CEng MIET - Q
- “Magee’s Disease is also known as High Altitude Observatory Disease (HAOD) and is a form of High Altitude Disease (HAD).”
  Steven Magee CEng MIET - Q
- “Magee’s disease is a high altitude commuting disease.”
  Steven Magee CEng MIET – Q
- “The greatest scientific achievement of the Mauna Kea Observatories (MKO) in Hawaii is the medical diagnosis and treatment of High Altitude Observatory Disease (HAOD) in their sickened summit workers.”
  Steven Magee CEng MIET – Q
- “Progress in the science of High Altitude Disease (HAD) has been lost due to the professional astronomy cover-up of their sickened observatory workers.”
  Steven Magee CEng MIET – Q

“*I released the diagnosis and treatment of Magee’s Disease (MD) to the internet for free because it was the right thing to do.*”

Steven Magee CEng MIET